

Two Wheel Hand Trucks

FARSHA Safe Work Procedure

1. Two wheel hand trucks are designed for use by one person. They range in size from working capacities of approximately 90 kg to 275 kg and will balance on the wheels when loaded properly. Skill and experience are essential to their safe use.
2. Use care in loading. Distribution of the load with respect to weight is important. When the heavier portions of a load are placed too high on the bed of a truck, the operator must exert himself more than when the heavier weight is placed low, close to the wheels.
3. When a load is properly balanced, it is easier to move. Be sure however, that the path of travel is reasonably smooth and free of obstructions as a sudden stop may upset or unbalance the loads. Be aware of side obstructions that may shift the loads or bruise knuckles.
4. Bagged materials (fertilizer, lime, etc.) may be loaded by two men, one on each side. Place the first bag on its narrow side by the tongue of the truck so that it will not hang over and be cut by the sharp steel. Additional bags may be loaded on their wide sides so that a greater number may be loaded at one time.
5. Objects should never be loaded to a height that will obstruct the view of the operator.
6. Large, heavy cases may be moved by placing a truck under each end of the object and using the lead truck for steering.
7. When pulling backwards on the handles of a hand truck in order to move it after it has been loaded, place one foot on the axel and pull the handles towards the body. However if the load is very heavy, the wheels should be chocked and assistance should be requested.
8. A hand truck is sometimes used to pry or lever a facilitating load. In such cases, be sure that the bite of the tongue under the object is secure. When used for this purpose, it is also good practice to brake or chock the wheels to prevent slipping. Keep toes and fingers out from under raised loads.
9. Hand trucks should be parked in an upright position at racks and arranged so that they will not tip over.

Please use the following **Safe Work Procedures** as a guideline to building your own safe work procedures.